



Ali Elahi, M.D.

Diplomate, American Board of Psychiatry and Neurology
Electrodiagnostic and Neuromuscular Medicine

26800 Crown Valley Parkway
Suite 455
Mission Viejo, California 92691

Phone: (949) 365-9128
Fax: (949) 429-8073
www.ocneurologyinc.com

WARNINGS REGARDING USE OF TOPAMAX (Topiramate)

Please be aware of the following potential side-effect associated with the use of Topamax:

1. Numbness/tingling sensations of hands, face, or anywhere in the body.
2. Difficulty with concentration and thinking
3. Irritability and/or reduced mood
4. Increased risk of kidney stones
5. Increased risk of glaucoma
6. Increased risk of suicide or depression
7. Increased fatigue
8. Changes in taste, especially with carbonated drinks
9. Reduced appetite
10. Weight loss
11. Visual changes including visual field defects

You may or may not experience all or none of the above side-effects and the degree of severity ranges significantly from one individual to another. Most if not all of the side-effects listed above are reversible once the medication is stopped. You should always notify your doctor if you experience side-effects. Avoid stopping, starting, or changing dose of any medicine including Topamax without first notifying your doctor. Many medications such as Topamax need to be titrated and/or tapered and should not, in most circumstances, be abruptly stopped. If you have a history of depression, you should be aware of increased risk of suicide when using medications such as Topamax, especially in the adolescent population. The above is a summary of side-effects noticed with the use of Topamax—you should contact your pharmacist or read the package label that can be provided by your pharmacist for detailed description of the above side-effects.

Topamax is an FDA approved medication for the prevention of migraine headaches and treatment of seizures.

I have read and acknowledge clear understanding of the above: _____

Patient Name: _____

Date: _____